

## 1. Uitslag Iedereen (100 met 300)

| Pos | Naam                 | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|----------------------|-----|------|------|-------|------|--------|
| 1   | 8 Danique Happel     | DN1 | 7    | I    | 11.73 |      |        |
| 2   | 9 Aline van Lieshout | DPB | 7    | O    | 13.09 |      |        |
| 3   | 45 Neel Geurts       | DPB | 8    | O    | 13.64 | PR   |        |
| 4   | 23 Loïs Mijland      | DPB | 8    | I    | 13.75 | PR   |        |
| 5   | 27 Floor Vogelaar    | DPB | 5    | I    | 14.11 | PR   |        |
| 6   | 41 Damla Cakar       | DPA | 6    | I    | 14.13 | PR   |        |
| 7   | 18 Giorgia Dingemans | DPD | 5    | O    | 14.34 | PR   |        |
| 8   | 54 Sammie Koreman    | DPC | 1    | I    | 14.58 | PR   |        |
| 9   | 19 Paco Dingemans    | HPA | 3    | O    | 14.83 | PR   |        |
| 10  | 51 Otje Bilderbeek   | DPC | 3    | I    | 15.03 |      |        |
| 11  | 28 Cato Gunneweg     | DPB | 6    | O    | 15.24 |      |        |
| 12  | 53 Valerie de Vries  | DPC | 4    | O    | 15.30 | PR   |        |
| 13  | 22 Juul Oggel        | DPB | 4    | I    | 16.77 |      |        |
|     | 56 Vinn Staps        | HPC | 1    | O    | DNS   |      |        |

## 1. Rituitslag Iedereen (100 met 300)

|   |    | Naam                  |                       | Cat     |                   | PR    | Tijd         | Info       |
|---|----|-----------------------|-----------------------|---------|-------------------|-------|--------------|------------|
| 1 | wt | 54                    | <b>Sammie Koreman</b> |         | DPC               | 16.97 | <b>14.58</b> | PR         |
|   | rd | 56                    | <b>Vinn Staps</b>     |         | HPC               |       |              | <b>DNS</b> |
|   |    | <u>Sammie Koreman</u> |                       |         | <u>Vinn Staps</u> |       |              |            |
|   |    | 100m                  | 14.58                 | (14.58) |                   |       |              |            |

|   |    | Naam     |  | Cat |          | PR | Tijd | Info |
|---|----|----------|--|-----|----------|----|------|------|
| 2 | gl |          |  |     |          |    |      |      |
|   | bl |          |  |     |          |    |      |      |
|   |    | <u>m</u> |  |     | <u>m</u> |    |      |      |

|   |    | Naam                   |                        | Cat     |                       | PR    | Tijd         | Info |
|---|----|------------------------|------------------------|---------|-----------------------|-------|--------------|------|
| 3 | wt | 51                     | <b>Otje Bilderbeek</b> |         | DPC                   | 14.69 | <b>15.03</b> |      |
|   | rd | 19                     | <b>Paco Dingemans</b>  |         | HPA                   | 15.39 | <b>14.83</b> | PR   |
|   |    | <u>Otje Bilderbeek</u> |                        |         | <u>Paco Dingemans</u> |       |              |      |
|   |    | 100m                   | 15.03                  | (15.03) | 100m                  | 14.83 | (14.83)      |      |

|   |    | Naam              |                         | Cat     |                         | PR    | Tijd         | Info |
|---|----|-------------------|-------------------------|---------|-------------------------|-------|--------------|------|
| 4 | gl | 22                | <b>Juul Oggel</b>       |         | DPB                     | 15.29 | <b>16.77</b> |      |
|   | bl | 53                | <b>Valerie de Vries</b> |         | DPC                     | 15.45 | <b>15.30</b> | PR   |
|   |    | <u>Juul Oggel</u> |                         |         | <u>Valerie de Vries</u> |       |              |      |
|   |    | 100m              | 16.77                   | (16.77) | 100m                    | 15.30 | (15.30)      |      |

|   |    | Naam                  |                          | Cat     |                          | PR    | Tijd         | Info |
|---|----|-----------------------|--------------------------|---------|--------------------------|-------|--------------|------|
| 5 | wt | 27                    | <b>Floor Vogelaar</b>    |         | DPB                      | 14.19 | <b>14.11</b> | PR   |
|   | rd | 18                    | <b>Giorgia Dingemans</b> |         | DPD                      | 14.49 | <b>14.34</b> | PR   |
|   |    | <u>Floor Vogelaar</u> |                          |         | <u>Giorgia Dingemans</u> |       |              |      |
|   |    | 100m                  | 14.11                    | (14.11) | 100m                     | 14.34 | (14.34)      |      |

|   |    | Naam                        |       | Cat                       |      | PR    | Tijd         | Info |
|---|----|-----------------------------|-------|---------------------------|------|-------|--------------|------|
| 6 | gl | 41 <b>Damla Cakar</b>       |       | DPA                       |      | 14.13 | <b>14.13</b> | PR   |
|   | bl | 28 <b>Cato Gunneweg</b>     |       | DPB                       |      | 14.37 | <b>15.24</b> |      |
|   |    | <b>Damla Cakar</b>          |       | <b>Cato Gunneweg</b>      |      |       |              |      |
|   |    | 100m                        | 14.13 | (14.13)                   | 100m | 15.24 | (15.24)      |      |
|   |    | Naam                        |       | Cat                       |      | PR    | Tijd         | Info |
| 7 | wt | 8 <b>Danique Happel</b>     |       | DN1                       |      | 11.53 | <b>11.73</b> |      |
|   | rd | 9 <b>Aline van Lieshout</b> |       | DPB                       |      | 13.02 | <b>13.09</b> |      |
|   |    | <b>Danique Happel</b>       |       | <b>Aline van Lieshout</b> |      |       |              |      |
|   |    | 100m                        | 11.73 | (11.73)                   | 100m | 13.09 | (13.09)      |      |
|   |    | Naam                        |       | Cat                       |      | PR    | Tijd         | Info |
| 8 | gl | 23 <b>Loïs Mijland</b>      |       | DPB                       |      | 13.82 | <b>13.75</b> | PR   |
|   | bl | 45 <b>Neel Geurts</b>       |       | DPB                       |      | 13.99 | <b>13.64</b> | PR   |
|   |    | <b>Loïs Mijland</b>         |       | <b>Neel Geurts</b>        |      |       |              |      |
|   |    | 100m                        | 13.75 | (13.75)                   | 100m | 13.64 | (13.64)      |      |

## 2. Uitslag Iedereen (500 met 1500)

| Pos | Naam                   | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|------------------------|-----|------|------|-------|------|--------|
| 1   | 34 Colin Schrijver     | HSA | 16   | I    | 38.04 |      |        |
| 2   | 40 Thomas van Berkel   | HN1 | 15   | O    | 39.24 |      |        |
| 3   | 25 Lucas Fabrie        | HB2 | 16   | O    | 40.33 |      |        |
| 4   | 5 Sep de Kraker        | HC1 | 15   | I    | 41.26 |      |        |
| 5   | 33 Max Eppinga         | HA2 | 14   | I    | 41.61 |      |        |
| 6   | 52 Karlijn Schellekens | DA2 | 13   | I    | 42.83 |      |        |
| 7   | 31 Maud Groenen        | DB1 | 14   | O    | 43.86 |      |        |
| 8   | 2 Martha Trude Brehmer | DC2 | 13   | O    | 45.11 |      |        |
| 9   | 36 Pim Boere           | HB2 | 12   | I    | 45.16 |      |        |
| 10  | 10 Carlijn te Poele    | DC1 | 11   | I    | 46.19 | PR   |        |
|     | 44 Youssra Pals        | DB1 | 12   | O    | 46.19 |      |        |
| 12  | 32 Elise Kortleve      | DA1 | 9    | I    | 47.55 |      |        |
| 13  | 43 Hiba Pals           | DC1 | 10   | O    | 47.64 |      |        |
| 14  | 3 Rens van Horen       | HC1 | 10   | I    | 48.90 |      |        |
| 15  | 4 Ton van Helden       | H75 | 11   | O    | 59.47 |      |        |

## 2. Rituitslag Iedereen (500 met 1500)

|   |    | Naam                  |                       | Cat     |     | PR    | Tijd         | Info |
|---|----|-----------------------|-----------------------|---------|-----|-------|--------------|------|
| 9 | wt | 32                    | <b>Elise Kortleve</b> |         | DA1 | 47.01 | <b>47.55</b> |      |
|   | rd |                       |                       |         |     |       |              |      |
|   |    | <b>Elise Kortleve</b> |                       |         |     |       |              |      |
|   |    | 100m                  | 12.99                 | (12.99) |     | m     |              |      |
|   |    | 500m                  | 47.55                 | (34.56) |     |       |              |      |

|    |    | Naam                  |                       | Cat     |     | PR    | Tijd         | Info    |
|----|----|-----------------------|-----------------------|---------|-----|-------|--------------|---------|
| 10 | gl | 3                     | <b>Rens van Horen</b> |         | HC1 | 47.66 | <b>48.90</b> |         |
|    | bl | 43                    | <b>Hiba Pals</b>      |         | DC1 | 47.29 | <b>47.64</b> |         |
|    |    | <b>Rens van Horen</b> |                       |         |     |       |              |         |
|    |    | 100m                  | 13.17                 | (13.17) |     | 100m  | 13.33        | (13.33) |
|    |    | 500m                  | 48.90                 | (35.73) |     | 500m  | 47.64        | (34.31) |
|    |    | <b>Hiba Pals</b>      |                       |         |     |       |              |         |
|    |    | 100m                  | 13.33                 | (13.33) |     | 100m  | 13.33        | (13.33) |
|    |    | 500m                  | 47.64                 | (34.31) |     | 500m  | 47.64        | (34.31) |

|    |    | Naam                    |                         | Cat     |     | PR    | Tijd         | Info    |
|----|----|-------------------------|-------------------------|---------|-----|-------|--------------|---------|
| 11 | wt | 10                      | <b>Carlijn te Poele</b> |         | DC1 | 46.92 | <b>46.19</b> | PR      |
|    | rd | 4                       | <b>Ton van Helden</b>   |         | H75 | 44.15 | <b>59.47</b> |         |
|    |    | <b>Carlijn te Poele</b> |                         |         |     |       |              |         |
|    |    | 100m                    | 12.20                   | (12.20) |     | 100m  | 15.28        | (15.28) |
|    |    | 500m                    | 46.19                   | (33.99) |     | 500m  | 59.47        | (44.19) |
|    |    | <b>Ton van Helden</b>   |                         |         |     |       |              |         |
|    |    | 100m                    | 15.28                   | (15.28) |     | 100m  | 15.28        | (15.28) |
|    |    | 500m                    | 59.47                   | (44.19) |     | 500m  | 59.47        | (44.19) |

|    |    | Naam                |                     | Cat     |     | PR    | Tijd         | Info    |
|----|----|---------------------|---------------------|---------|-----|-------|--------------|---------|
| 12 | gl | 36                  | <b>Pim Boere</b>    |         | HB2 | 44.50 | <b>45.16</b> |         |
|    | bl | 44                  | <b>Youssra Pals</b> |         | DB1 | 45.17 | <b>46.19</b> |         |
|    |    | <b>Pim Boere</b>    |                     |         |     |       |              |         |
|    |    | 100m                | 12.38               | (12.38) |     | 100m  | 12.90        | (12.90) |
|    |    | 500m                | 45.16               | (32.78) |     | 500m  | 46.19        | (33.29) |
|    |    | <b>Youssra Pals</b> |                     |         |     |       |              |         |
|    |    | 100m                | 12.90               | (12.90) |     | 100m  | 12.90        | (12.90) |
|    |    | 500m                | 46.19               | (33.29) |     | 500m  | 46.19        | (33.29) |

|    |    | Naam                        |                             | Cat     |     | PR    | Tijd         | Info    |
|----|----|-----------------------------|-----------------------------|---------|-----|-------|--------------|---------|
| 13 | wt | 52                          | <b>Karlijn Schellekens</b>  |         | DA2 | 41.58 | <b>42.83</b> |         |
|    | rd | 2                           | <b>Martha Trude Brehmer</b> |         | DC2 | 43.73 | <b>45.11</b> |         |
|    |    | <b>Karlijn Schellekens</b>  |                             |         |     |       |              |         |
|    |    | 100m                        | 11.79                       | (11.79) |     | 100m  | 12.53        | (12.53) |
|    |    | 500m                        | 42.83                       | (31.04) |     | 500m  | 45.11        | (32.58) |
|    |    | <b>Martha Trude Brehmer</b> |                             |         |     |       |              |         |
|    |    | 100m                        | 12.53                       | (12.53) |     | 100m  | 12.53        | (12.53) |
|    |    | 500m                        | 45.11                       | (32.58) |     | 500m  | 45.11        | (32.58) |

|    |    | Naam               |                     |         | Cat                 | PR    | Tijd         | Info |
|----|----|--------------------|---------------------|---------|---------------------|-------|--------------|------|
| 14 | gl | 33                 | <b>Max Eppinga</b>  |         | HA2                 | 41.04 | <b>41.61</b> |      |
|    | bl | 31                 | <b>Maud Groenen</b> |         | DB1                 | 43.16 | <b>43.86</b> |      |
|    |    | <b>Max Eppinga</b> |                     |         | <b>Maud Groenen</b> |       |              |      |
|    |    | 100m               | 11.56               | (11.56) | 100m                | 11.91 | (11.91)      |      |
|    |    | 500m               | 41.61               | (30.05) | 500m                | 43.86 | (31.95)      |      |

|    |    | Naam                 |                          |         | Cat                      | PR    | Tijd         | Info |
|----|----|----------------------|--------------------------|---------|--------------------------|-------|--------------|------|
| 15 | wt | 5                    | <b>Sep de Kraker</b>     |         | HC1                      | 40.87 | <b>41.26</b> |      |
|    | rd | 40                   | <b>Thomas van Berkel</b> |         | HN1                      | 38.70 | <b>39.24</b> |      |
|    |    | <b>Sep de Kraker</b> |                          |         | <b>Thomas van Berkel</b> |       |              |      |
|    |    | 100m                 | 11.44                    | (11.44) | 100m                     | 10.79 | (10.79)      |      |
|    |    | 500m                 | 41.26                    | (29.82) | 500m                     | 39.24 | (28.45)      |      |

|    |    | Naam                   |                        |         | Cat                 | PR    | Tijd         | Info |
|----|----|------------------------|------------------------|---------|---------------------|-------|--------------|------|
| 16 | gl | 34                     | <b>Colin Schrijver</b> |         | HSA                 | 36.97 | <b>38.04</b> |      |
|    | bl | 25                     | <b>Lucas Fabrie</b>    |         | HB2                 | 39.08 | <b>40.33</b> |      |
|    |    | <b>Colin Schrijver</b> |                        |         | <b>Lucas Fabrie</b> |       |              |      |
|    |    | 100m                   | 10.52                  | (10.52) | 100m                | 10.84 | (10.84)      |      |
|    |    | 500m                   | 38.04                  | (27.52) | 500m                | 40.33 | (29.49)      |      |

## 3. Uitslag Iedereen (500 met 1000)

| Pos | Naam                  | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-----------------------|-----|------|------|---------|------|--------|
| 1   | 20 Daan Segers        | HB2 | 27   | O    | 40.01   |      |        |
| 2   | 47 Tom van Dijck      | HA2 | 28   | I    | 42.97   |      |        |
| 3   | 12 Lars Peute         | HC1 | 25   | I    | 43.11   | PR   |        |
| 4   | 39 Amanda van Vugt    | DC2 | 26   | O    | 44.51   | PR   |        |
| 5   | 42 Melle Boeijen      | DA1 | 27   | I    | 44.57   |      |        |
| 6   | 13 Anouk Cosijn       | DN1 | 26   | I    | 46.18   |      |        |
| 7   | 7 Jake Knapen         | HC1 | 28   | O    | 46.77   | HT   |        |
| 8   | 55 Lars Huiting       | HN3 | 23   | I    | 49.10   |      |        |
| 9   | 46 Yasmine Pals       | DB1 | 24   | O    | 49.18   |      |        |
| 10  | 24 Isa Boer           | DB2 | 19   | I    | 50.11   | PR   |        |
| 11  | 30 Djim Spierings     | HPA | 21   | O    | 50.17   | PR   |        |
| 12  | 35 Maartje van Dijck  | DC2 | 22   | I    | 50.21   |      |        |
| 13  | 11 Bram Morel         | HC2 | 24   | I    | 50.28   |      |        |
| 14  | 14 Harm Sinnige       | H65 | 25   | O    | 50.36   |      |        |
| 15  | 38 Fenne Smit         | DPA | 19   | O    | 50.40   | PR   |        |
| 16  | 37 Tamar Wolters      | DC2 | 21   | I    | 50.58   |      |        |
| 17  | 6 Gerard Adolfse      | H60 | 23   | O    | 51.07   |      |        |
| 18  | 1 Sven de Waijer      | H55 | 22   | O    | 51.32   |      |        |
| 19  | 17 Bregje Nafzger     | DB1 | 20   | I    | 52.20   | PR   |        |
| 20  | 15 Mila Langenberg    | DC1 | 20   | O    | 52.67   | PR   |        |
| 21  | 50 Thijme Laurijssen  | HC1 | 18   | I    | 54.87   | PR   |        |
| 22  | 21 Isabel Segers      | DC2 | 17   | O    | 55.87   |      |        |
| 23  | 29 Zepp Spierings     | HC2 | 17   | I    | 57.38   |      |        |
| 24  | 16 Grete Svea Brehmer | DC1 | 18   | O    | 1:00.89 | PR   |        |

## 3. Rituitslag Iedereen (500 met 1000)

|    |    | Naam |                       | Cat   |                      | PR    | Tijd         | Info    |
|----|----|------|-----------------------|-------|----------------------|-------|--------------|---------|
| 17 | wt | 29   | <b>Zepp Spierings</b> |       | HC2                  | 56.50 | <b>57.38</b> |         |
|    | rd | 21   | <b>Isabel Segers</b>  |       | DC2                  | 54.01 | <b>55.87</b> |         |
|    |    |      | <b>Zepp Spierings</b> |       | <b>Isabel Segers</b> |       |              |         |
|    |    |      | 100m                  | 14.57 | (14.57)              | 100m  | 14.67        | (14.67) |
|    |    |      | 500m                  | 57.38 | (42.81)              | 500m  | 55.87        | (41.20) |

|    |    | Naam |                           | Cat   |                           | PR      | Tijd           | Info    |
|----|----|------|---------------------------|-------|---------------------------|---------|----------------|---------|
| 18 | gl | 50   | <b>Thijme Laurijssen</b>  |       | HC1                       | 57.09   | <b>54.87</b>   | PR      |
|    | bl | 16   | <b>Grete Svea Brehmer</b> |       | DC1                       | 1:01.75 | <b>1:00.89</b> | PR      |
|    |    |      | <b>Thijme Laurijssen</b>  |       | <b>Grete Svea Brehmer</b> |         |                |         |
|    |    |      | 100m                      | 14.01 | (14.01)                   | 100m    | 15.10          | (15.10) |
|    |    |      | 500m                      | 54.87 | (40.86)                   | 500m    | 1:00.89        | (45.79) |

|    |    | Naam |                   | Cat   |                   | PR    | Tijd         | Info    |
|----|----|------|-------------------|-------|-------------------|-------|--------------|---------|
| 19 | wt | 24   | <b>Isa Boer</b>   |       | DB2               | 50.52 | <b>50.11</b> | PR      |
|    | rd | 38   | <b>Fenne Smit</b> |       | DPA               | 51.17 | <b>50.40</b> | PR      |
|    |    |      | <b>Isa Boer</b>   |       | <b>Fenne Smit</b> |       |              |         |
|    |    |      | 100m              | 13.38 | (13.38)           | 100m  | 13.18        | (13.18) |
|    |    |      | 500m              | 50.11 | (36.73)           | 500m  | 50.40        | (37.22) |

|    |    | Naam |                        | Cat   |                        | PR    | Tijd         | Info    |
|----|----|------|------------------------|-------|------------------------|-------|--------------|---------|
| 20 | gl | 17   | <b>Bregje Nafzger</b>  |       | DB1                    | 53.33 | <b>52.20</b> | PR      |
|    | bl | 15   | <b>Mila Langenberg</b> |       | DC1                    | 52.68 | <b>52.67</b> | PR      |
|    |    |      | <b>Bregje Nafzger</b>  |       | <b>Mila Langenberg</b> |       |              |         |
|    |    |      | 100m                   | 13.76 | (13.76)                | 100m  | 13.79        | (13.79) |
|    |    |      | 500m                   | 52.20 | (38.44)                | 500m  | 52.67        | (38.88) |

|    |    | Naam |                       | Cat   |                       | PR    | Tijd         | Info    |
|----|----|------|-----------------------|-------|-----------------------|-------|--------------|---------|
| 21 | wt | 37   | <b>Tamar Wolters</b>  |       | DC2                   | 50.46 | <b>50.58</b> |         |
|    | rd | 30   | <b>Djim Spierings</b> |       | HPA                   | 50.38 | <b>50.17</b> | PR      |
|    |    |      | <b>Tamar Wolters</b>  |       | <b>Djim Spierings</b> |       |              |         |
|    |    |      | 100m                  | 14.06 | (14.06)               | 100m  | 13.40        | (13.40) |
|    |    |      | 500m                  | 50.58 | (36.52)               | 500m  | 50.17        | (36.77) |



|    |    | Naam |                          | Cat   |                       | PR   | Tijd  | Info         |
|----|----|------|--------------------------|-------|-----------------------|------|-------|--------------|
| 22 | gl | 35   | <b>Maartje van Dijck</b> |       | DC2                   |      | 49.91 | <b>50.21</b> |
|    | bl | 1    | <b>Sven de Waijer</b>    |       | H55                   |      | 49.56 | <b>51.32</b> |
|    |    |      | <b>Maartje van Dijck</b> |       | <b>Sven de Waijer</b> |      |       |              |
|    |    |      | 100m                     | 13.36 | (13.36)               | 100m | 13.95 | (13.95)      |
|    |    |      | 500m                     | 50.21 | (36.85)               | 500m | 51.32 | (37.37)      |

|    |    | Naam |                       | Cat   |                       | PR   | Tijd  | Info         |
|----|----|------|-----------------------|-------|-----------------------|------|-------|--------------|
| 23 | wt | 55   | <b>Lars Huiting</b>   |       | HN3                   |      | 48.98 | <b>49.10</b> |
|    | rd | 6    | <b>Gerard Adolfse</b> |       | H60                   |      | 47.34 | <b>51.07</b> |
|    |    |      | <b>Lars Huiting</b>   |       | <b>Gerard Adolfse</b> |      |       |              |
|    |    |      | 100m                  | 12.75 | (12.75)               | 100m | 13.43 | (13.43)      |
|    |    |      | 500m                  | 49.10 | (36.35)               | 500m | 51.07 | (37.64)      |

|    |    | Naam |                     | Cat   |                     | PR   | Tijd  | Info         |
|----|----|------|---------------------|-------|---------------------|------|-------|--------------|
| 24 | gl | 11   | <b>Bram Morel</b>   |       | HC2                 |      | 49.42 | <b>50.28</b> |
|    | bl | 46   | <b>Yasmine Pals</b> |       | DB1                 |      | 47.48 | <b>49.18</b> |
|    |    |      | <b>Bram Morel</b>   |       | <b>Yasmine Pals</b> |      |       |              |
|    |    |      | 100m                | 12.93 | (12.93)             | 100m | 13.21 | (13.21)      |
|    |    |      | 500m                | 50.28 | (37.35)             | 500m | 49.18 | (35.97)      |

|    |    | Naam |                     | Cat   |                     | PR   | Tijd  | Info            |
|----|----|------|---------------------|-------|---------------------|------|-------|-----------------|
| 25 | wt | 12   | <b>Lars Peute</b>   |       | HC1                 |      | 45.28 | <b>43.11</b> PR |
|    | rd | 14   | <b>Harm Sinnige</b> |       | H65                 |      | 46.83 | <b>50.36</b>    |
|    |    |      | <b>Lars Peute</b>   |       | <b>Harm Sinnige</b> |      |       |                 |
|    |    |      | 100m                | 11.73 | (11.73)             | 100m | 13.51 | (13.51)         |
|    |    |      | 500m                | 43.11 | (31.38)             | 500m | 50.36 | (36.85)         |

|    |    | Naam |                        | Cat   |                        | PR   | Tijd  | Info            |
|----|----|------|------------------------|-------|------------------------|------|-------|-----------------|
| 26 | gl | 13   | <b>Anouk Cosijn</b>    |       | DN1                    |      | 45.64 | <b>46.18</b>    |
|    | bl | 39   | <b>Amanda van Vugt</b> |       | DC2                    |      | 45.56 | <b>44.51</b> PR |
|    |    |      | <b>Anouk Cosijn</b>    |       | <b>Amanda van Vugt</b> |      |       |                 |
|    |    |      | 100m                   | 12.35 | (12.35)                | 100m | 12.14 | (12.14)         |
|    |    |      | 500m                   | 46.18 | (33.83)                | 500m | 44.51 | (32.37)         |

# Baan-Trainingswedstrijd 1

Ireen Wüst IJsbahn - Tilburg

13 oktober 2024

|    |    | Naam                 |                      |         | Cat                | PR    | Tijd         | Info |
|----|----|----------------------|----------------------|---------|--------------------|-------|--------------|------|
| 27 | wt | 42                   | <b>Melle Boeijen</b> |         | DA1                | 43.02 | <b>44.57</b> |      |
|    | rd | 20                   | <b>Daan Segers</b>   |         | HB2                | 39.99 | <b>40.01</b> |      |
|    |    | <b>Melle Boeijen</b> |                      |         | <b>Daan Segers</b> |       |              |      |
|    |    | 100m                 | 11.95                | (11.95) | 100m               | 11.07 | (11.07)      |      |
|    |    | 500m                 | 44.57                | (32.62) | 500m               | 40.01 | (28.94)      |      |

|    |    | Naam                 |                      |         | Cat                | PR    | Tijd         | Info |
|----|----|----------------------|----------------------|---------|--------------------|-------|--------------|------|
| 28 | gl | 47                   | <b>Tom van Dijck</b> |         | HA2                | 41.92 | <b>42.97</b> |      |
|    | bl | 7                    | <b>Jake Knapen</b>   |         | HC1                | 44.81 | <b>46.77</b> | HT   |
|    |    | <b>Tom van Dijck</b> |                      |         | <b>Jake Knapen</b> |       |              |      |
|    |    | 100m                 | 11.96                | (11.96) | 100m               | 46.77 | (46.77)      |      |
|    |    | 500m                 | 42.97                | (31.01) |                    |       |              |      |

## 4. Uitslag Iedereen (300)

| Pos | Naam                 | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|----------------------|-----|------|------|-------|------|--------|
| 1   | 8 Danique Happel     | DN1 | 35   | I    | 28.49 |      |        |
| 2   | 9 Aline van Lieshout | DPB | 35   | O    | 32.69 |      |        |
| 3   | 23 Loïs Mijland      | DPB | 36   | O    | 34.08 |      |        |
| 4   | 27 Floor Vogelaar    | DPB | 33   | I    | 36.98 | PR   |        |
| 5   | 45 Neel Geurts       | DPB | 36   | I    | 37.24 |      |        |
| 6   | 18 Giorgia Dingemans | DPD | 34   | I    | 38.18 | PR   |        |
| 7   | 41 Damla Cakar       | DPA | 33   | O    | 38.31 |      |        |
| 8   | 28 Cato Gunneweg     | DPB | 34   | O    | 38.47 | PR   |        |
| 9   | 51 Otje Bilderbeek   | DPC | 31   | I    | 39.28 | PR   |        |
| 10  | 19 Paco Dingemans    | HPA | 32   | O    | 40.53 | PR   |        |
| 11  | 53 Valerie de Vries  | DPC | 31   | O    | 42.25 | PR   |        |
| 12  | 22 Juul Oggel        | DPB | 32   | I    | 43.75 |      |        |
| 13  | 54 Sammie Koreman    | DPC | 29   | I    | 46.00 | FL   |        |
|     | 56 Vinn Staps        | HPC | 29   | O    | DNS   |      |        |



|    |    | Naam                        | Cat           | PR    | Tijd                 | Info          |
|----|----|-----------------------------|---------------|-------|----------------------|---------------|
| 34 | gl | 18 <b>Giorgia Dingemans</b> | DPD           | 38.34 | <b>38.18</b>         | PR            |
|    | bl | 28 <b>Cato Gunneweg</b>     | DPB           | 38.82 | <b>38.47</b>         | PR            |
|    |    | <b>Giorgia Dingemans</b>    |               |       | <b>Cato Gunneweg</b> |               |
|    |    | 300m                        | 38.18 (38.18) |       | 300m                 | 38.47 (38.47) |

|    |    | Naam                        | Cat           | PR    | Tijd                      | Info          |
|----|----|-----------------------------|---------------|-------|---------------------------|---------------|
| 35 | wt | 8 <b>Danique Happel</b>     | DN1           | 27.94 | <b>28.49</b>              |               |
|    | rd | 9 <b>Aline van Lieshout</b> | DPB           | 32.03 | <b>32.69</b>              |               |
|    |    | <b>Danique Happel</b>       |               |       | <b>Aline van Lieshout</b> |               |
|    |    | 300m                        | 28.49 (28.49) |       | 300m                      | 32.69 (32.69) |

|    |    | Naam                   | Cat           | PR    | Tijd                | Info          |
|----|----|------------------------|---------------|-------|---------------------|---------------|
| 36 | gl | 45 <b>Neel Geurts</b>  | DPB           | 36.45 | <b>37.24</b>        |               |
|    | bl | 23 <b>Loïs Mijland</b> | DPB           | 32.91 | <b>34.08</b>        |               |
|    |    | <b>Neel Geurts</b>     |               |       | <b>Loïs Mijland</b> |               |
|    |    | 300m                   | 37.24 (37.24) |       | 300m                | 34.08 (34.08) |

## 5. Uitslag Iedereen (1500)

| Pos | Naam                   | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 1   | 34 Colin Schrijver     | HSA | 43   | O    | 1:57.63 |      |        |
| 2   | 40 Thomas van Berkel   | HN1 | 43   | I    | 1:59.51 |      |        |
| 3   | 33 Max Eppinga         | HA2 | 44   | I    | 2:08.47 |      |        |
| 4   | 5 Sep de Kraker        | HC1 | 42   | O    | 2:10.54 | PR   |        |
| 5   | 25 Lucas Fabrie        | HB2 | 44   | O    | 2:10.74 |      |        |
| 6   | 52 Karlijn Schellekens | DA2 | 41   | I    | 2:17.68 |      |        |
| 7   | 36 Pim Boere           | HB2 | 41   | O    | 2:18.62 |      |        |
| 8   | 31 Maud Groenen        | DB1 | 42   | I    | 2:19.97 |      |        |
| 9   | 2 Martha Trude Brehmer | DC2 | 40   | I    | 2:23.35 |      |        |
| 10  | 44 Youssra Pals        | DB1 | 39   | I    | 2:25.32 |      |        |
| 11  | 32 Elise Kortleve      | DA1 | 39   | O    | 2:27.54 | PR   |        |
| 12  | 43 Hiba Pals           | DC1 | 38   | I    | 2:30.03 | PR   |        |
| 13  | 10 Carlijn te Poele    | DC1 | 38   | O    | 2:30.08 | PR   |        |
| 14  | 3 Rens van Horen       | HC1 | 37   | I    | 2:34.19 |      |        |
| 15  | 4 Ton van Helden       | H75 | 40   | O    | 2:59.88 |      |        |

## 5. Rituitslag Iedereen (1500)

|    |          | Naam                    | Cat | PR      | Tijd           | Info |
|----|----------|-------------------------|-----|---------|----------------|------|
| 37 | wt<br>rd | 3 <b>Rens van Horen</b> | HC1 | 2:30.75 | <b>2:34.19</b> |      |

### Rens van Horen

|       |         |         |   |
|-------|---------|---------|---|
| 300m  | 32.29   | (32.29) | m |
| 700m  | 1:11.53 | (39.24) |   |
| 1100m | 1:52.65 | (41.12) |   |
| 1500m | 2:34.19 | (41.54) |   |

|    |    | Naam                       | Cat | PR      | Tijd           | Info |
|----|----|----------------------------|-----|---------|----------------|------|
| 38 | gl | 43 <b>Hiba Pals</b>        | DC1 | 2:31.08 | <b>2:30.03</b> | PR   |
|    | bl | 10 <b>Carlijn te Poele</b> | DC1 | 2:34.23 | <b>2:30.08</b> | PR   |

### Hiba Pals

|       |         |         |
|-------|---------|---------|
| 300m  | 30.69   | (30.69) |
| 700m  | 1:08.10 | (37.41) |
| 1100m | 1:48.18 | (40.08) |
| 1500m | 2:30.03 | (41.85) |

### Carlijn te Poele

|       |         |         |
|-------|---------|---------|
| 300m  | 29.93   | (29.93) |
| 700m  | 1:07.01 | (37.08) |
| 1100m | 1:47.99 | (40.98) |
| 1500m | 2:30.08 | (42.09) |

|    |    | Naam                     | Cat | PR      | Tijd           | Info |
|----|----|--------------------------|-----|---------|----------------|------|
| 39 | wt | 44 <b>Youssra Pals</b>   | DB1 | 2:24.41 | <b>2:25.32</b> |      |
|    | rd | 32 <b>Elise Kortleve</b> | DA1 | 2:29.66 | <b>2:27.54</b> | PR   |

### Youssra Pals

|       |         |         |
|-------|---------|---------|
| 300m  | 30.23   | (30.23) |
| 700m  | 1:04.99 | (34.76) |
| 1100m | 1:43.07 | (38.08) |
| 1500m | 2:25.32 | (42.25) |

### Elise Kortleve

|       |         |         |
|-------|---------|---------|
| 300m  | 31.89   | (31.89) |
| 700m  | 1:08.52 | (36.63) |
| 1100m | 1:47.64 | (39.12) |
| 1500m | 2:27.54 | (39.90) |

|    |    | Naam                          | Cat | PR      | Tijd           | Info |
|----|----|-------------------------------|-----|---------|----------------|------|
| 40 | gl | 2 <b>Martha Trude Brehmer</b> | DC2 | 2:15.04 | <b>2:23.35</b> |      |
|    | bl | 4 <b>Ton van Helden</b>       | H75 | 2:15.37 | <b>2:59.88</b> |      |

### Martha Trude Brehmer

|       |         |         |
|-------|---------|---------|
| 300m  | 30.62   | (30.62) |
| 700m  | 1:05.99 | (35.37) |
| 1100m | 1:43.87 | (37.88) |
| 1500m | 2:23.35 | (39.48) |

### Ton van Helden

|       |         |         |
|-------|---------|---------|
| 300m  | 38.86   | (38.86) |
| 700m  | 1:24.81 | (45.95) |
| 1100m | 2:11.68 | (46.87) |
| 1500m | 2:59.88 | (48.20) |

|    |    | Naam                       |                            |         | Cat                    | PR      | Tijd           | Info |
|----|----|----------------------------|----------------------------|---------|------------------------|---------|----------------|------|
| 41 | wt | 52                         | <b>Karlijn Schellekens</b> |         | DA2                    | 2:08.62 | <b>2:17.68</b> |      |
|    | rd | 36                         | <b>Pim Boere</b>           |         | HB2                    | 2:14.95 | <b>2:18.62</b> |      |
|    |    | <b>Karlijn Schellekens</b> |                            |         | <b>Pim Boere</b>       |         |                |      |
|    |    | 300m                       | 28.54                      | (28.54) | 300m                   | 30.00   | (30.00)        |      |
|    |    | 700m                       | 1:02.47                    | (33.93) | 700m                   | 1:04.59 | (34.59)        |      |
|    |    | 1100m                      | 1:39.13                    | (36.66) | 1100m                  | 1:41.51 | (36.92)        |      |
|    |    | 1500m                      | 2:17.68                    | (38.55) | 1500m                  | 2:18.62 | (37.11)        |      |
|    |    | Naam                       |                            |         | Cat                    | PR      | Tijd           | Info |
| 42 | gl | 31                         | <b>Maud Groenen</b>        |         | DB1                    | 2:14.82 | <b>2:19.97</b> |      |
|    | bl | 5                          | <b>Sep de Kraker</b>       |         | HC1                    | 2:11.11 | <b>2:10.54</b> | PR   |
|    |    | <b>Maud Groenen</b>        |                            |         | <b>Sep de Kraker</b>   |         |                |      |
|    |    | 300m                       | 28.91                      | (28.91) | 300m                   | 27.46   | (27.46)        |      |
|    |    | 700m                       | 1:03.44                    | (34.53) | 700m                   | 59.42   | (31.96)        |      |
|    |    | 1100m                      | 1:40.65                    | (37.21) | 1100m                  | 1:34.15 | (34.73)        |      |
|    |    | 1500m                      | 2:19.97                    | (39.32) | 1500m                  | 2:10.54 | (36.39)        |      |
|    |    | Naam                       |                            |         | Cat                    | PR      | Tijd           | Info |
| 43 | wt | 40                         | <b>Thomas van Berkel</b>   |         | HN1                    | 1:54.23 | <b>1:59.51</b> |      |
|    | rd | 34                         | <b>Colin Schrijver</b>     |         | HSA                    | 1:53.74 | <b>1:57.63</b> |      |
|    |    | <b>Thomas van Berkel</b>   |                            |         | <b>Colin Schrijver</b> |         |                |      |
|    |    | 300m                       | 26.19                      | (26.19) | 300m                   | 25.68   | (25.68)        |      |
|    |    | 700m                       | 56.10                      | (29.91) | 700m                   | 55.51   | (29.83)        |      |
|    |    | 1100m                      | 1:27.16                    | (31.06) | 1100m                  | 1:25.88 | (30.37)        |      |
|    |    | 1500m                      | 1:59.51                    | (32.35) | 1500m                  | 1:57.63 | (31.75)        |      |
|    |    | Naam                       |                            |         | Cat                    | PR      | Tijd           | Info |
| 44 | gl | 33                         | <b>Max Eppinga</b>         |         | HA2                    | 2:03.09 | <b>2:08.47</b> |      |
|    | bl | 25                         | <b>Lucas Fabrie</b>        |         | HB2                    | 2:05.61 | <b>2:10.74</b> |      |
|    |    | <b>Max Eppinga</b>         |                            |         | <b>Lucas Fabrie</b>    |         |                |      |
|    |    | 300m                       | 27.26                      | (27.26) | 300m                   | 27.04   | (27.04)        |      |
|    |    | 700m                       | 59.73                      | (32.47) | 700m                   | 58.85   | (31.81)        |      |
|    |    | 1100m                      | 1:34.10                    | (34.37) | 1100m                  | 1:34.00 | (35.15)        |      |
|    |    | 1500m                      | 2:08.47                    | (34.37) | 1500m                  | 2:10.74 | (36.74)        |      |



## 6. Uitslag Iedereen (1000)

| Pos | Naam                  | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-----------------------|-----|------|------|---------|------|--------|
| 1   | 20 Daan Segers        | HB2 | 55   | I    | 1:19.26 | PR   |        |
| 2   | 47 Tom van Dijck      | HA2 | 55   | O    | 1:27.60 |      |        |
| 3   | 12 Lars Peute         | HC1 | 54   | O    | 1:28.28 | PR   |        |
| 4   | 39 Amanda van Vugt    | DC2 | 56   | I    | 1:31.29 | PR   |        |
| 5   | 42 Melle Boeijen      | DA1 | 56   | O    | 1:32.02 |      |        |
| 6   | 7 Jake Knapen         | HC1 | 51   | I    | 1:36.22 | PR   |        |
| 7   | 13 Anouk Cosijn       | DN1 | 54   | I    | 1:37.69 |      |        |
| 8   | 6 Gerard Adolfse      | H60 | 53   | I    | 1:39.91 |      |        |
| 9   | 37 Tamar Wolters      | DC2 | 50   | O    | 1:40.60 | PR   |        |
| 10  | 14 Harm Sinnige       | H65 | 53   | O    | 1:40.63 |      |        |
| 11  | 30 Djim Spierings     | HPA | 47   | I    | 1:41.62 | PR   |        |
|     | 1 Sven de Waijer      | H55 | 52   | I    | 1:41.62 |      |        |
| 13  | 24 Isa Boer           | DB2 | 52   | O    | 1:42.20 |      |        |
| 14  | 55 Lars Huiting       | HN3 | 49   | O    | 1:42.56 | PR   |        |
| 15  | 46 Yasmine Pals       | DB1 | 51   | O    | 1:42.59 |      |        |
| 16  | 11 Bram Morel         | HC2 | 47   | O    | 1:42.68 | PR   |        |
| 17  | 38 Fenne Smit         | DPA | 50   | I    | 1:43.74 | PR   |        |
| 18  | 35 Maartje van Dijck  | DC2 | 49   | I    | 1:44.26 |      |        |
| 19  | 17 Bregje Nafzger     | DB1 | 48   | O    | 1:50.01 | PR   |        |
| 20  | 15 Mila Langenberg    | DC1 | 45   | I    | 1:51.71 | PR   |        |
| 21  | 50 Thijme Laurijssen  | HC1 | 46   | I    | 1:52.52 |      |        |
| 22  | 21 Isabel Segers      | DC2 | 48   | I    | 1:53.92 |      |        |
| 23  | 29 Zepp Spierings     | HC2 | 46   | O    | 1:58.59 | PR   |        |
| 24  | 16 Grete Svea Brehmer | DC1 | 45   | O    | 2:05.03 | PR   |        |

## 6. Rituitslag Iedereen (1000)

|    |    | Naam                         | Cat | PR      | Tijd           | Info |
|----|----|------------------------------|-----|---------|----------------|------|
| 45 | wt | 15 <b>Mila Langenberg</b>    | DC1 | 1:56.92 | <b>1:51.71</b> | PR   |
|    | rd | 16 <b>Grete Svea Brehmer</b> | DC1 | 2:13.05 | <b>2:05.03</b> | PR   |

### Mila Langenberg

|       |         |         |
|-------|---------|---------|
| 200m  | 24.07   | (24.07) |
| 600m  | 1:05.35 | (41.28) |
| 1000m | 1:51.71 | (46.36) |

### Grete Svea Brehmer

|       |         |         |
|-------|---------|---------|
| 200m  | 27.83   | (27.83) |
| 600m  | 1:14.85 | (47.02) |
| 1000m | 2:05.03 | (50.18) |

|    |    | Naam                        | Cat | PR      | Tijd           | Info |
|----|----|-----------------------------|-----|---------|----------------|------|
| 46 | gl | 50 <b>Thijme Laurijssen</b> | HC1 |         | <b>1:52.52</b> |      |
|    | bl | 29 <b>Zepp Spierings</b>    | HC2 | 2:03.30 | <b>1:58.59</b> | PR   |

### Thijme Laurijssen

|       |         |         |
|-------|---------|---------|
| 200m  | 25.16   | (25.16) |
| 600m  | 1:08.30 | (43.14) |
| 1000m | 1:52.52 | (44.22) |

### Zepp Spierings

|       |         |         |
|-------|---------|---------|
| 200m  | 26.62   | (26.62) |
| 600m  | 1:11.97 | (45.35) |
| 1000m | 1:58.59 | (46.62) |

|    |    | Naam                     | Cat | PR      | Tijd           | Info |
|----|----|--------------------------|-----|---------|----------------|------|
| 47 | wt | 30 <b>Djim Spierings</b> | HPA | 1:54.13 | <b>1:41.62</b> | PR   |
|    | rd | 11 <b>Bram Morel</b>     | HC2 | 1:49.39 | <b>1:42.68</b> | PR   |

### Djim Spierings

|       |         |         |
|-------|---------|---------|
| 200m  | 23.81   | (23.81) |
| 600m  | 1:02.64 | (38.83) |
| 1000m | 1:41.62 | (38.98) |

### Bram Morel

|       |         |         |
|-------|---------|---------|
| 200m  | 24.27   | (24.27) |
| 600m  | 1:03.29 | (39.02) |
| 1000m | 1:42.68 | (39.39) |

|    |    | Naam                     | Cat | PR      | Tijd           | Info |
|----|----|--------------------------|-----|---------|----------------|------|
| 48 | gl | 21 <b>Isabel Segers</b>  | DC2 | 1:49.27 | <b>1:53.92</b> |      |
|    | bl | 17 <b>Bregje Nafzger</b> | DB1 | 1:52.91 | <b>1:50.01</b> | PR   |

### Isabel Segers

|       |         |         |
|-------|---------|---------|
| 200m  | 26.14   | (26.14) |
| 600m  | 1:08.40 | (42.26) |
| 1000m | 1:53.92 | (45.52) |

### Bregje Nafzger

|       |         |         |
|-------|---------|---------|
| 200m  | 24.88   | (24.88) |
| 600m  | 1:06.03 | (41.15) |
| 1000m | 1:50.01 | (43.98) |

|    |    | Naam                        | Cat     |         | PR                  | Tijd           | Info    |
|----|----|-----------------------------|---------|---------|---------------------|----------------|---------|
| 49 | wt | 35 <b>Maartje van Dijck</b> | DC2     |         | 1:43.38             | <b>1:44.26</b> |         |
|    | rd | 55 <b>Lars Huiting</b>      | HN3     |         | 1:44.59             | <b>1:42.56</b> | PR      |
|    |    | <b>Maartje van Dijck</b>    |         |         | <b>Lars Huiting</b> |                |         |
|    |    | 200m                        | 23.58   | (23.58) | 200m                | 22.83          | (22.83) |
|    |    | 600m                        | 1:03.27 | (39.69) | 600m                | 1:00.84        | (38.01) |
|    |    | 1000m                       | 1:44.26 | (40.99) | 1000m               | 1:42.56        | (41.72) |

|    |    | Naam                    | Cat     |         | PR                   | Tijd           | Info    |
|----|----|-------------------------|---------|---------|----------------------|----------------|---------|
| 50 | gl | 38 <b>Fenne Smit</b>    | DPA     |         | 1:47.51              | <b>1:43.74</b> | PR      |
|    | bl | 37 <b>Tamar Wolters</b> | DC2     |         | 1:42.44              | <b>1:40.60</b> | PR      |
|    |    | <b>Fenne Smit</b>       |         |         | <b>Tamar Wolters</b> |                |         |
|    |    | 200m                    | 23.87   | (23.87) | 200m                 | 24.46          | (24.46) |
|    |    | 600m                    | 1:02.75 | (38.88) | 600m                 | 1:01.34        | (36.88) |
|    |    | 1000m                   | 1:43.74 | (40.99) | 1000m                | 1:40.60        | (39.26) |

|    |    | Naam                   | Cat     |         | PR                  | Tijd           | Info    |
|----|----|------------------------|---------|---------|---------------------|----------------|---------|
| 51 | wt | 7 <b>Jake Knapen</b>   | HC1     |         | 1:37.58             | <b>1:36.22</b> | PR      |
|    | rd | 46 <b>Yasmine Pals</b> | DB1     |         | 1:37.31             | <b>1:42.59</b> |         |
|    |    | <b>Jake Knapen</b>     |         |         | <b>Yasmine Pals</b> |                |         |
|    |    | 200m                   | 20.97   | (20.97) | 200m                | 23.75          | (23.75) |
|    |    | 600m                   | 56.51   | (35.54) | 600m                | 1:01.56        | (37.81) |
|    |    | 1000m                  | 1:36.22 | (39.71) | 1000m               | 1:42.59        | (41.03) |

|    |    | Naam                    | Cat     |         | PR              | Tijd           | Info    |
|----|----|-------------------------|---------|---------|-----------------|----------------|---------|
| 52 | gl | 1 <b>Sven de Waijer</b> | H55     |         | 1:36.65         | <b>1:41.62</b> |         |
|    | bl | 24 <b>Isa Boer</b>      | DB2     |         | 1:41.52         | <b>1:42.20</b> |         |
|    |    | <b>Sven de Waijer</b>   |         |         | <b>Isa Boer</b> |                |         |
|    |    | 200m                    | 24.06   | (24.06) | 200m            | 23.91          | (23.91) |
|    |    | 600m                    | 1:02.22 | (38.16) | 600m            | 1:02.26        | (38.35) |
|    |    | 1000m                   | 1:41.62 | (39.40) | 1000m           | 1:42.20        | (39.94) |

|    |    | Naam                  |                       |         | Cat                 | PR      | Tijd           | Info |
|----|----|-----------------------|-----------------------|---------|---------------------|---------|----------------|------|
| 53 | wt | 6                     | <b>Gerard Adolfse</b> |         | H60                 | 1:36.20 | <b>1:39.91</b> |      |
|    | rd | 14                    | <b>Harm Sinnige</b>   |         | H65                 | 1:33.37 | <b>1:40.63</b> |      |
|    |    | <b>Gerard Adolfse</b> |                       |         | <b>Harm Sinnige</b> |         |                |      |
|    |    | 200m                  | 23.74                 | (23.74) | 200m                | 24.14   | (24.14)        |      |
|    |    | 600m                  | 1:01.47               | (37.73) | 600m                | 1:01.51 | (37.37)        |      |
|    |    | 1000m                 | 1:39.91               | (38.44) | 1000m               | 1:40.63 | (39.12)        |      |

|    |    | Naam                |                     |         | Cat               | PR      | Tijd           | Info |
|----|----|---------------------|---------------------|---------|-------------------|---------|----------------|------|
| 54 | gl | 13                  | <b>Anouk Cosijn</b> |         | DN1               | 1:36.29 | <b>1:37.69</b> |      |
|    | bl | 12                  | <b>Lars Peute</b>   |         | HC1               | 1:32.56 | <b>1:28.28</b> | PR   |
|    |    | <b>Anouk Cosijn</b> |                     |         | <b>Lars Peute</b> |         |                |      |
|    |    | 200m                | 22.06               | (22.06) | 200m              | 20.76   | (20.76)        |      |
|    |    | 600m                | 59.24               | (37.18) | 600m              | 53.93   | (33.17)        |      |
|    |    | 1000m               | 1:37.69             | (38.45) | 1000m             | 1:28.28 | (34.35)        |      |

|    |    | Naam               |                      |         | Cat                  | PR      | Tijd           | Info |
|----|----|--------------------|----------------------|---------|----------------------|---------|----------------|------|
| 55 | wt | 20                 | <b>Daan Segers</b>   |         | HB2                  | 1:19.60 | <b>1:19.26</b> | PR   |
|    | rd | 47                 | <b>Tom van Dijck</b> |         | HA2                  | 1:24.71 | <b>1:27.60</b> |      |
|    |    | <b>Daan Segers</b> |                      |         | <b>Tom van Dijck</b> |         |                |      |
|    |    | 200m               | 18.63                | (18.63) | 200m                 | 20.68   | (20.68)        |      |
|    |    | 600m               | 47.91                | (29.28) | 600m                 | 52.83   | (32.15)        |      |
|    |    | 1000m              | 1:19.26              | (31.35) | 1000m                | 1:27.60 | (34.77)        |      |

|    |    | Naam                   |                        |         | Cat                  | PR      | Tijd           | Info |
|----|----|------------------------|------------------------|---------|----------------------|---------|----------------|------|
| 56 | gl | 39                     | <b>Amanda van Vugt</b> |         | DC2                  | 1:32.19 | <b>1:31.29</b> | PR   |
|    | bl | 42                     | <b>Melle Boeijen</b>   |         | DA1                  | 1:26.39 | <b>1:32.02</b> |      |
|    |    | <b>Amanda van Vugt</b> |                        |         | <b>Melle Boeijen</b> |         |                |      |
|    |    | 200m                   | 20.87                  | (20.87) | 200m                 | 21.08   | (21.08)        |      |
|    |    | 600m                   | 54.46                  | (33.59) | 600m                 | 54.79   | (33.71)        |      |
|    |    | 1000m                  | 1:31.29                | (36.83) | 1000m                | 1:32.02 | (37.23)        |      |